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FREE SERVICES:

All services at Hamel are free to undergraduate and graduate students. Outside services have associated costs.



CONFIDENTIAL INFORMATION:

Health and counseling information is never shared with anyone, except in the event of a life-threatening emergency.



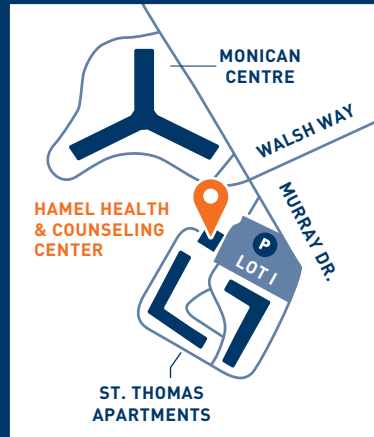
CAMPUS RESOURCE:

Hamel provides consultation to students, staff, and faculty on a variety of concerns, such as roommate conflicts, students in crisis, and local resources.

FIND US



Hamel Health and Counseling Center is located between Monican and the St. Thomas Apartments.



CONTACT US



Telephone: (978) 837-5441
Fax: (978) 837-5209
Email: hamelhealthcenter@merrimack.edu

HOURS



Monday-Friday from 8:30AM – 5:00PM.
First appointment of the day starts at 9:00AM for both health and counseling.
After-hours and on weekends:
Local health services are available. Please see our website for more information: Merrimack.edu/hamel

EMERGENCIES

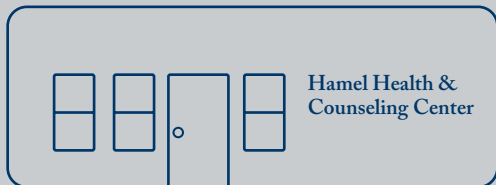


Call Merrimack College Police at (978) 837-5911 or dial 911.



Merrimack College
HAMEL HEALTH
& COUNSELING
CENTER





ABOUT US

The Hamel Health and Counseling Center provides comprehensive medical and mental health services in a welcoming and inclusive setting. Hamel is staffed by licensed professionals, and all services are confidential.

Our services are free and available to all enrolled undergraduate and graduate students. We also provide consultation to students, parents, faculty, and staff who may have concerns about the well-being of a student, or who have health-related questions. During the year, Hamel staff engage in outreach and training to educate the campus on significant health issues that impact college students.

You can make an appointment by calling our office at (978) 837-5441 or by visiting the Center between 8:30 AM and 5:00 PM.



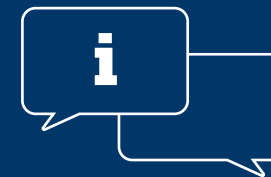
HEALTH SERVICES

Students receive treatment for a wide variety of concerns, such as **symptoms of colds and the flu, infections, rashes, concussions, stomach issues, minor strains and sprains, asthma, or for more serious health concerns.** Students also often talk with Health Services staff for answers to a variety of health-related questions.

SERVICES

- Treatment of acute health issues and injuries
- Ancillary care for chronic concerns
- Prescriptions for acute problems and orders to obtain lab work/x-rays
- Assessment and referral to local specialists or emergency treatment

Health Services are available fall and spring semesters.



COUNSELING SERVICES

Students come to Counseling Services for many issues, including **anxiety, depression, relationship conflict, grief and loss, homesickness, identity concerns, sexuality, stress and coping, eating disorders, body image concerns, sexual assault, intimate partner violence, and substance abuse.**

SERVICES

- Short-term individual counseling
- Topic-focused group counseling
- Assessment and referrals for specialized services, psychiatric care, and long-term counseling
- Counselor on call for after-hours crisis intervention

Counseling Services are available throughout the calendar year.