

CLINICAL MENTAL HEALTH COUNSELING



MERRIMACK
COLLEGE



Massachusetts LMHC Pre-Licensure Educational Requirements

How the program meets the state licensing requirements for the LMHC:	
Massachusetts LMHC Pre-Licensure Educational Requirements	How addressed in the Clinical Mental Health Counseling Program, Department of Psychology
A Master's degree in Mental Health Counseling or a related field with a minimum of 60 semester credits.	Our MS Curriculum consists of 60 semester credit hours
A practicum (minimum of 100 hours) 40 contact hours of direct client contact experience 25 supervisory contact hours.	A practicum (minimum of 100 hours) Includes 40 hours of direct service with clients, one hour of individual supervision per week at the site, and 1.5 hours of group supervision per week.
An internship (minimum 600 hours) 240 direct client contact hours	A minimum 600 hours at site Includes 240 hours of direct service, including groups, weekly interaction of one hour per week by the on-site supervisor and 1.5 hours of group supervision per week
One, 3-semester hour or four quarter hour graduate-level course in each of the following ten areas:	
1) Counseling Theory, Practice, and Techniques	CMH 5000: Counseling Theory
2) Human Growth and Development	XXXX HUMAN GROWTH AND DEVELOPMENT
3) Psychopathology	CMH 5010: Psychopathology
4) Social and Cultural Foundations	SC 5020: Diversity & Culture in Counseling This course is offered by the School of Education.
5) Helping Relationships/ Counseling Techniques, skills, procedures	CMH 5080: Advanced Counseling Techniques
6) Group Work, Dynamics & Process	CMH 5030: Group Counseling & CMH 5040: Advanced Group Counseling
7) Special Treatment Issues (e.g., psychopharmacology, substance abuse, school, career issues, marriage and family treatment, sexuality & lifestyle choices, treating special populations)	SC 6010: College & Career Counseling Development; CMH 5100: Trauma. Students will take both courses before graduation. SC 6010 is offered by the School of Education and Social Policy
8) Appraisal (psychological assessment and techniques)	CMH 5070: Psychological Assessment
9) Research & Evaluation	CMH 5020: Research & Evaluation
10) Profession Orientation (ethical & legal issues in counseling)	CMHC 5060: Ethical & Legal Issues in Counseling
One or more elective courses in areas relevant to the knowledge and skills relevant to the practice of mental health counseling.	CMH 5090: Mindfulness Based Interventions or CMH 5050: Positive Psychology

Note: Master's Level Licensure in Massachusetts

Students are advised to review the license requirements and regulations as they can change over time. Please refer to the website:

<http://www.mass.gov/ocabr/licensee/dpl-boards/mh/regulations/rules-and-regs/262-cmr-200.html>