

# Flipping...

Raymond J. Shaw, Ph.D.

Post-Commencement Professional Development: One Best Thing

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## What I did to my Statistics course (**Statistical Methods in Psychology**)

- Lectures moved to online videos -> used *Explain Everything* app on iPad
- "Homework" moved primarily to class-time
- Online quizzes for each lecture

## Why I did it

- Student anxiety about doing homework, and difficulty of putting classroom presentations and textbook instructions into practice produced student unhappiness
- Lectures are easy and (mostly) comfortable for students

Therefore, put what's least stressful in that part of the course that is outside of my control and put the challenging part where I can help them deal with it

## Results

- Happier students
- (Possibly) improved learning outcomes
- Richer (than ever!) discussions with students about material in class

## Lessons learned

- Probably shouldn't flip a course all at once while teaching it
- Multiple, short, targeted lecture pieces are better than just putting a 50-minute lecture online
- Copyright videos, put them up on YouTube as unsearchable private videos