

# Juliana F.W. Cohen, ScM, ScD

Department of Health Sciences  
Merrimack College  
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## EDUCATION

### Harvard School of Public Health, Boston, MA

**Doctor of Science, Nutrition** May 2012

*Concentration in Public Health Nutrition*

Doctoral Dissertation: "Evaluating the Success of School-Based Cafeteria Interventions"

**Master of Science, Society, Human Development, and Health** May 2007

*Concentration in Maternal and Child Health*

### Emory University, Atlanta, GA

**Bachelor of Arts, *summa cum laude*, Italian Studies (Minor: English)** May 2005

Honors Thesis: "Factors Related to Overweight in Adolescents- A Comparative Analysis of the United States and Italy"

## POSTDOCTORAL TRAINING

### Harvard School of Public Health, Boston, MA

Postdoctoral Research Fellow 2012- 2014

Research Associate 2014- 2015

## HONORS AND AWARDS

National Institutes of Health (NIH) K01 Mentored Research Scientist Development Award 2016-2021

Obesity Society Fellow 2016-

Nutritional Epidemiology of Cancer Education and Career Development Program Fellow, Harvard School of Public Health (HSPH) 2012- 2015

Donald and Sue Pritzker Nutrition and Fitness Fellow, HSPH 2010-2011

Oak Ridge Institute for Science and Education (ORISE) Policy and Science Fellow, Centers for Disease Control and Prevention (CDC) 2004-2005

Scholarly Inquiry and Research at Emory (SIRE) Fellow, Emory University 2004-2005

Omicron Delta Kappa Honor Society 2004-2005

National Society of Collegiate Scholars 2001-2005

## ACADEMIC APPOINTMENTS

Assistant Professor, Department of Health Sciences  
Merrimack College 2015 (August)-

Adjunct Assistant Professor, Department of Nutrition  
Harvard T.H. Chan School of Public Health 2015 (August)-

## RESEARCH AND TEACHING INTERESTS

Pediatric Nutrition; Child/Adolescent Health and Development; School-Based Interventions; Nutrition Policy; Health Disparities

## RESEARCH EXPERIENCE

**Tufts University, Friedman School of Nutrition Science and Policy** 2014- 2016  
**Consultant for ChildObesity180**

- Design, implement, and evaluate a pilot study of children’s food choices and consumption (using plate waste methods and bomb calorimetry) in fast food restaurants

**Harvard School of Public Health, Dept. of Nutrition** 2011- 2015  
**Co-Investigator and Project Director for the Project MEALS (Modifying Eating and Lifestyles at School) Study**

- Design and implement the Project MEALS Study using a chef-based approach to increase the consumption of school meals in 18 low-income schools in Massachusetts
- Research behavioral psychology techniques to encourage increased selection and consumption of healthy school meals

**Harvard School of Public Health, Dept. of Nutrition** 2011-2015  
**Co-Investigator and Project Director for the NOURISH Study (Nutrition Opportunities to Understand Reforms Involving Student Health)**

- Design and implement the NOURISH Study to examine the impact of competitive food regulations in Massachusetts and Rhode Island schools on school compliance (site-visits), students’ diets (24-hour recalls), and school finances (financial surveys)

**Massachusetts Department of Public Health** 2010- 2011  
**Consultant for Nutrition Standards Work Group**

- Created guidelines for the implementation of the Massachusetts School Nutrition Bill (H4919- Chapter 197 of the Acts of 2010) in collaboration with the Massachusetts Department of Public Health and Department of Elementary and Secondary Education, the Stalker Institute of Food and Nutrition, and the Boston Public Health Commission
- Researched the financial impact of introducing healthier foods in school vending machines, fundraisers, and concession stands

**Kickin Kitchen.TV** 2010- 2011  
**Consultant**

- Advised and created nutrition content for a tween cooking show

**Boston Public Health Commission** 2007- 2010  
**Consultant for the Chef Initiative**

- Researched menu items that met healthier nutritional guidelines for two low-income middle schools in Boston
- Facilitated a review of the proposed menu and analyzed monthly breakfast and lunch production records, student participation rates, and school meal revenues

**Project Bread** 2005- 2009  
**Consultant for Better Breakfast Initiative**

- Researched menu items that met the Better Breakfast Initiative nutritional guidelines
- Analyzed proposed menus, monthly breakfast production records, student breakfast participation data, and food and labor cost information

**Harvard School of Public Health, Dept. of Nutrition** 2005- 2008  
**Research Assistant for Dr. Lilian Cheung**

- Investigated the theoretical basis of the association between cooking and BMI
- Researched behavioral models and developmental theories, including that of Piaget, Erikson, and Montessori, to study and explain the association between children’s assisting with the process of cooking and their understanding of food and nutrition
- Updated and created new health messages in the “Eat Well & Keep Moving” curriculum

**Massachusetts Department of Public Health** 2005- 2006  
**Unit of Nutrition and Physical Activity**

**Research Assistant for the Healthy Choices Initiative**

- Investigated nutrition and physical activity-related school-wide promotions and after school programs to create a resource guide for school officials and parents aimed at increasing health-related programs in middle schools
- Collaborated with consultants to assess students’ BMIs in middle schools participating in the Healthy Choices Initiative

**Centers for Disease Control and Prevention** 2004- 2005

**National Center for Chronic Disease Prevention and Health Promotion**

**Division of Nutrition and Physical Activity**

**ORISE Policy and Science Fellow**

- Investigated the food industry’s response to obesity and researched obesity prevention plans within the U.S. Department of Health and Human Services
- Researched nutrition and physical activity legislation for the CDC’s Legislative Database

**New York University, Dept. of Nutrition, Food Studies, and Public Health** 2003-2005  
**Research Assistant for Dr. Marion Nestle**

- Researched the indirect promotion of obesity by the U.S. Government via its policies, programs, and subsidies that influence dietary intake and physical activity
- Gained knowledge of government policies and programs, including the National School Lunch Program, WIC program, and farm supports

**RESEARCH GRANTS/ FUNDING**

Sponsor: Shah Family Foundation (PI: Cohen) 2017-2018  
 “Evaluating the Impact of the ‘Hub and Spoke Project’ in Boston Public Schools”- \$241,326

Role: Principal Investigator:

Sponsor: NIDDK K01 (PI: Cohen) 2016- 2021  
 “The Influence of Quick-Service Restaurants on Children’s Diets”- \$635,278

Role: Principal Investigator

Sponsor: Provost Innovation Fund, Merrimack College (PI: Cohen) April 2017  
 Funding for technology to support the development of a new research center- \$3818

Role: Principal Investigator/ Director of the Center

Sponsor: 43ForKids Foundation- *unrestricted gift* (PI: Cohen) 2015- Present  
 “Pediatric Diet and Cognitive Functioning”- \$177,600

Role: Principal Investigator

Sponsor: Project Bread (PI: Cohen) “Impact of a state-wide policy to implement chefs in schools”- \$10,000 Role: Principal Investigator	2015- 2016
Sponsor: Revolution Foods- <i>unrestricted gift</i> (PI: Cohen) “Pediatric Diet and Health”- \$30,000 Role: Principal Investigator	2014- Present
Sponsor: Project Bread/Arbella Insurance (PI: Rimm) “Project MEALS Study”- \$300,800 Role: Co- Investigator, Project Director	2011- 2015
Sponsor: Robert Wood Johnson Foundation (PI: Rimm) “NOURISH (Nutrition Opportunities to Understand Reforms Involving Student Health) Study”- \$170,000 Role: Co- Investigator, Project Director	2012- 2015
Sponsor: Harvard Catalyst (PI: Rimm) “NOURISH (Nutrition Opportunities to Understand Reforms Involving Student Health) Study- baseline data collection”- \$150,000 Role: Co- Investigator, Project Director	2012
Sponsor: Project Bread (PI: Rimm) “The Chef Initiative”- \$5,000 Role: Co- Investigator, Project Director	2009- 2010
Sponsor: Emory University Scholarly Inquiry and Research Program (PI: Cohen) “Soda consumption and BMI among Italian Adolescents”- \$5000 Role: Principal Investigator	2004- 2005

## PUBLICATIONS

### Original Research (peer reviewed)

**Cohen JFW**, Lehnerd ME, Hauser RF, Rimm EB. Dietary Approaches to Stop Hypertension Diet, Weight Status, and Blood Pressure among Children and Adolescents: National Health and Nutrition Examination Surveys 2003-2012. *J Acad Nutr Diet*. 2017 Sep;117(9):1437-1444

Chapman LE, **Cohen J**, Canterbury M, Carton TW. Factors Associated with School Lunch Consumption: Reverse Recess and School "Brunch". *J Acad Nutr Diet*. 2017 Sep;117(9):1413-1418.

**Cohen JFW**, Roberts SB, Anzman-Frasca S, Gamache MM, Lynskey VM, Matthews E, Mueller MP, Sharma S, Economos CD. A pilot and feasibility study to assess children's consumption in quick-service restaurants using plate waste methodology. *BMC Public Health*. 2017 Mar 15;17(1):259

**Cohen JF**, Jahn JL, Richardson S, Cluggish A. S, Parker E, Catalano P, Rimm EB. Amount of Time to Eat Lunch Is Associated with Children's Selection and Consumption of School Meal Entrée, Fruits, Vegetables, and Milk. *J Acad Nutr Diet*. 2016 Jan; 116(1):123-128

**Cohen JF**, Gorski MT, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Catalano PJ, Rimm EB. Healthier Standards for School Meals and Snacks: Impact on School Food Revenues and Lunch Participation Rates. *Am J Prev Med.* 2016 Oct;51(4):485-92

**Cohen JFW**, Gorski MT, Gruber SA, Rimm EB. The effect of healthy dietary consumption on executive cognitive functioning in children and adolescents: a systematic review. *Br J Nutr.* 2016 Sep;116(6):989-1000

Rosenfeld L, **Cohen JFW**, Gorski MT, Andres Lessing, Smith L, Rimm EB, Hoffman JA. How Do We Actually Put Smarter Snacks in Schools?: NOURISH Conversations with Food Service Directors" *Public Health Nutr.* 2016 Aug 30:1-9

Kenney EL, Gortmaker SL, **Cohen JF**, Rimm EB, Cradock AL. Limited School Drinking Water Access for Youth. *J Adolesc Health.* 2016 Jul;59(1):24-9.

Gorski MT, **Cohen JF**, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Rimm EB. Impact of Nutrition Standards on Competitive Food Quality in Massachusetts Middle and High Schools. *Am J Public Health.* 2016 Jun;106(6):1101-8.

**Cohen JF**, Jahn JL, Richardson S, Cluggish A. S, Parker E, Catalano P, Rimm EB. Amount of Time to Eat Lunch Is Associated with Children's Selection and Consumption of School Meal Entrée, Fruits, Vegetables, and Milk. *J Acad Nutr Diet.* 2016 Jan; 116(1):123-128

Hoffman J, Rosenfeld L, Schmidt N, **Cohen JF**, Gorski M, Chaffee R, Smith L, Rimm EB. Implementation of Competitive Food and Beverage Standards in a Sample of Massachusetts Schools: The NOURISH Study (Nutrition Opportunities to Understand Reforms Involving Student Health). *J Acad Nutr Diet.* 2015 Aug; 115(8): 1299-1307.

**Cohen JF**, Richardson S, Cluggish A. S, Parker E, Catalano P, Rimm EB. Effects of choice architecture and chef-enhanced meals on the selection and consumption of healthier school foods: a randomized clinical trial; *JAMA Pediatr.* 2015 May;169(5):431-7.

**Cohen JF**, Richardson S, Parker E, Catalano P, Rimm EB. Impact of the new USDA school meal standards on food selection, consumption, and waste. *Am J Prev Med.* 2014 Apr;46(4):388-94

**Cohen JF**, Rimm EB, Austin SB, Hyatt RR, Kraak VI, Economos CD. Impact of the CHANGE food service intervention on whole grains served in rural elementary schools; *J Sch Health.* 2014 Mar;84(3):212-9

**Cohen JF**, Kraak VI, Choumenkovitch SF, Hyatt RR, Economos CD. The CHANGE study: A healthy-lifestyles intervention to improve rural children's diet quality; *J Acad Nutr Diet.* 2014 Jan;114(1):48-53

**Cohen JF**, Richardson S, Austin SB, Economos CD, Rimm EB. School lunch waste among middle school students: nutrients consumed and costs. *Am J Prev Med.* 2013 Feb;44(2):114-21

**Cohen JF**, Smit LA, Parker E, Austin SB, Frazier AL, Economos CD, Rimm EB. The long-term impact of a chef on school lunch consumption: Findings from a 2-year pilot study in Boston middle schools. *J Acad Nutr Diet.* 2012;112(6):927-33

**Cohen JF**, Rifas-Shiman SL, Rimm EB, Oken E, Gillman MW. Maternal *trans* fatty acid intake and fetal growth. *Am J Clin Nutr.* 2011 Nov;94(5):1241-7

Jahn JL, **Cohen JFW**, Gorski MT, Hoffman JA, Rosenfeld L, Chaffee R, Smith L, Rimm EB. Product Reformulation after New Competitive Food Standards in Schools; (*accepted at Public Health Nutrition*)

### Book Chapters

**Cohen JFW**, Stein N. Children's Dietary Needs and the Role of School Meals. In: Public Health Nutrition: Principles and Practice in Community and Global Health. Jones and Bartlett Publishers, 2014.

**Cohen JFW**, Stein N. Global Food Security: Meeting Nutrient Needs in Industrialized Nations. In: Public Health Nutrition: Principles and Practice in Community and Global Health. Jones and Bartlett Publishers, 2014.

### Reports

Massachusetts Department of Public Health, Massachusetts Department of Elementary and Secondary Education, John C. Stalker Institute of Food and Nutrition, HSPH (**Juliana Cohen**, Jessica Garcia, Eric Rimm), Boston Public Health Commission. "Healthy Students, Healthy Schools: Guidance for Implementing the Massachusetts School Nutrition Standards for Competitive Foods and Beverages." <http://www.mass.gov/eohhs/docs/dph/mass-in-motion/school-nutrition-guide.pdf>.

### Other Publications

**Cohen JFW**. Effects of choice architecture and chef-enhanced meals on the selection and consumption of healthier school foods. Global Fruit and Vegetable Newsletter. January 2016. [http://www.halfyourplate.ca/wp-content/uploads/2015/02/GFVN\\_6\\_school\\_food\\_options\\_FV\\_01\\_2016.pdf](http://www.halfyourplate.ca/wp-content/uploads/2015/02/GFVN_6_school_food_options_FV_01_2016.pdf)

**Cohen JFW**. Focusing on Food Waste in Schools. Invited contributor to the Huffington Post. August 2016. [http://www.huffingtonpost.com/entry/focusing-on-food-waste-in-schools\\_us\\_579fcc6ce4b004301c51b8c0](http://www.huffingtonpost.com/entry/focusing-on-food-waste-in-schools_us_579fcc6ce4b004301c51b8c0)

**Cohen JFW**, Broad Leib E. Smarter Strategies to Reduce School Food Waste. Invited contributor to the Huffington Post. August 2016. [http://www.huffingtonpost.com/entry/smarter-strategies-to-reduce-school-food-waste\\_us\\_57b1c49ae4b03d06fe855a58](http://www.huffingtonpost.com/entry/smarter-strategies-to-reduce-school-food-waste_us_57b1c49ae4b03d06fe855a58)

Hoffman J, **Cohen JF**, Rosenfeld L, Miller EA. National School Lunch Program Threatened: Students Need Healthy, Nutritious Food. Invited contributor to the Huffington Post. May 2017. <http://www.huffingtonpost.com/entry/591dff4de4b0b28a33f62ab0>

**Cohen JF**. What is the impact of the DASH diet on Kids? Invited contributor to the American Heart Association. October 2017. <https://sodiumbreakup.heart.org/impact-of-dash-diet-on-kids>

**PRESENTATIONS**

(\*Mentored Student Research)

**Cohen JFW**, Gorski MT, Rosenfeld L, Smith L, Rimm EB, Hoffman J. “Impact of Healthier School Food Policies on Students' Diets During and After the School Day.” Oral presentation delivered at The Obesity Society (TOS), Washington D.C, 2017.

Bowling A, **Cohen JFW**, Finn K. “Using Exercise and Diet to Improve Behavioral Health in Children: Translating Research into Special Education Classrooms.” Symposium delivered by all three presenters at New England American College of Sports Medicine (ACSM), Providence, RI, 2017.

Chapman L\*, **Cohen JFW**, Canterbury M, Carton T. “**Factors Associated with School Lunch Consumption: Reverse Recess and School "Brunch."**” Oral presentation delivered at the American Public Health Association (APHA), Atlanta, GA, 2017.

**Cohen JFW**, Rifas-Shiman SL, Young J, Oken E. “Associations of maternal sugar intake during pregnancy and child sugar intake with child cognition.” Oral presentation delivered at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Victoria Canada, 2017. Finalist for best early career abstract in the field of children and families research.

Rosenfeld L, **Cohen JFW**, Gorski MT, Andres Lessing, Smith L, Rimm EB, Hoffman JA. “How do we actually put smarter snacks in schools?” Poster presentation delivered at City MatCH conference, Philadelphia, PA, 2016.

Rosenfeld L, **Cohen JFW**, Gorski MT, Andres Lessing, Smith L, Rimm EB, Hoffman JA. “Compliance with new school nutrition standards for competitive foods and beverages: NOURISH, A Massachusetts example.” Oral presentation delivered at the American Public Health Association Conference, Denver, CO, 2016.

Rohmann M\*, Daily T\*, **Cohen JFW**. “Quick Service Restaurants Influence on Children’s Health in Varying Socioeconomic Communities.” Poster presentation delivered at Merrimack College’s Annual Research and Creative Achievement Conference, North Andover, MA, 2017.

**Cohen JFW**. “Impact of the Massachusetts Competitive Food Policy on Compliance and School Finances.” Invited speaker for the Massachusetts Department of Public Health (MADPH) and the Centers for Disease Control and Prevention, MADPH, Boston, 2016.

**Cohen JFW**. “Children’s Diets in Schools & Fast Food Restaurants and the Impact on Cognitive Functioning.” Invited speaker at the Rudd Center for Food Policy and Obesity, University of Connecticut, CT, 2016.

**Cohen JFW**. “Impact of the new USDA school meal standards and a comprehensive competitive food law on school food revenues, lunch participation, and product reformulation.” Invited speaker at Harvard Prevention Research Center, Harvard University, MA, 2016.

**Cohen JFW**. “Changes in Nutrition Standards & the Healthy Eating Plate for Kids.” Invited speaker at the Healthy Food Fuels Hungry Minds Conference, Cambridge, MA. 2016.

**Cohen JFW.** “Successful School Meals.” Keynote speaker at the Healthy Kids, Healthy Programs Summit, The John C. Stalker Institute of Food and Nutrition, Framingham, MA, 2016.

**Cohen JFW, Gorski MT, Hoffman J, Rosenfeld L, Chaffee R, Smith L, Catalano P, & Rimm EB** “Impact of the new USDA school meal standards and a comprehensive competitive food law on school food revenues and lunch participation: The NOURISH Study (Nutrition Opportunities to Understand Reforms Involving Student Health.” Oral presentation delivered at the Robert Wood Johnson Foundation Healthy Eating Research Conference, Saint Paul, MN, 2016.

Gorski MT, **Cohen JFW, Hoffman J, Rosenfeld L, Chaffee R, Smith L, Catalano P, & Rimm EB.** “Putting Smarter Snacks in Massachusetts: Results from Middle Schools and High Schools.” Oral presentation delivered at the Robert Wood Johnson Foundation Healthy Eating Research Conference, Saint Paul, MN, 2016.

**Cohen JFW.** “Impact of the updated USDA school meal standards and a comprehensive competitive food law on school food revenues and lunch participation.” Invited speaker for the Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) School Wellness Group, Boston, MA, 2016.

**Cohen JFW, Roberts, S.B., Anzman-Frasca, S., Lynskey, V.M., Matthews, E., Mueller, M.P., Sharma, S., & Economos, C.D** “Children’s consumption of foods from quick service restaurants determined using plate waste methodology.” Poster presentation delivered at The Obesity Society Annual Meeting, Los Angeles, CA, 2015.

**Cohen JFW.** “The NOURISH Study.” Invited speaker at the Marion Mason Nutrition Seminar Series, Simmons College, MA, 2015.

**Cohen JFW.** “Impact of the new USDA school meal standards on food selection and consumption.” Invited speaker at the Childhood Obesity Conference, San Diego, CA, 2015.

**Cohen JFW.** “Increasing Produce Consumption: The Evidence for Chefs and Flavor.” Invited speaker at the Culinary Institute for America’s Healthy Flavors, Healthy Kids Leadership Summit, San Antonio, TX, 2015.

**Cohen JFW, Jahn JL, Richardson S, Cluggish A. S, Parker E, Catalano P, & Rimm EB.** “Impact of School Lunch Period Length on Meal Consumption.” Oral presentation delivered at the Experimental Biology Annual Meeting, Boston, MA, 2015

**Cohen JFW, Gorski MT, Hoffman J, Rosenfeld L, Chaffee R, Smith L, Catalano P, & Rimm EB.** “The financial impact of implementing healthier competitive food and beverage standards: the NOURISH (Nutrition Opportunities to Understand Reforms Involving Student Health) Study.” Oral presentation delivered at the Robert Wood Johnson Healthy Eating Research conference, Baltimore, MD, 2015.

**Cohen JFW, Richardson S, Cluggish A. S, Parker E, Catalano P, & Rimm EB.** “A comparison of choice architecture and chef-enhanced meals on healthier school food selection and consumption.” Oral presentation delivered at The Obesity Society Annual Meeting, Boston, MA, 2014.

**Cohen JFW.** “School Nutrition.” Guest speaker for Children’s Hospital Boston Preventive Cardiology Clinic, Boston, MA, 2014.



**Cohen JFW**, Oken E, & Gillman M. “Association of maternal prenatal *trans* fatty acid consumption with infant and child cognition in a U.S. cohort.” Oral presentation delivered at the Society for Pediatric and Perinatal Epidemiologic Research (SPER) Annual Meeting, Boston, MA, 2013.

**Cohen JFW**, Rimm EB, Austin SB, Hyatt RR, Kraak VI, & Economos CD. “A healthy-lifestyles intervention improves children's diet quality in rural America.” Oral presentation delivered at the Experimental Biology Annual Meeting, Boston, MA, 2013.

**Cohen JFW**, Gorski MT, Hoffman J, Rosenfeld L, Chaffee R, Smith L, Catalano P, & Rimm EB. “The NOURISH Study: Nutrition Opportunities to Understand Reforms Involving Student Health.” Poster presentation delivered at the Robert Wood Johnson Healthy Eating Research conference, New Orleans, LA, 2013.

**Cohen JFW**. “Improving school nutrition: Lessons learned from implementing the MA school nutrition standards.” Webinar for the Maternal and Child Health programs at Harvard and Boston University, Boston, MA, 2013.

**Cohen JFW**, Richardson S, Austin SB, Economos CD, & Rimm EB. “School lunch consumption among middle school students in Boston: Implications for research, nutrient consumption, and food waste costs.” Poster presentation delivered at The Obesity Society Annual Meeting, San Antonio, TX, 2012.

**Cohen JFW**. “Fad nutrition: How is it effecting our kids?” Oral presentation delivered at the Northeastern University School Health Institute, Boston, MA, 2010.

**Cohen JFW**. “Nutrition in the news.” Presentation for Needham Public Schools, Needham, MA, 2010.

**Cohen JFW**. “School nutrition.” Presentation for Framingham Public Schools, Framingham, MA, 2008.

**Cohen JFW**. “Better school meals: A collaboration between Project Bread and the Harvard School of Public Health.” Invited speaker at the School Nutrition Association of Massachusetts Annual Meeting, Boxborough, MA, 2007.

## TEACHING EXPERIENCE

### Merrimack College

*Health Behavior and Promotion*

Instructor 2016

*Health Policy and Management*

Instructor 2016

*Research Methods*

Instructor 2015

*Introduction to Epidemiology*

Instructor 2015-2016

### Boston University School of Public Health

*SB:800 The Obesity Epidemic*

Invited Lecturer: Interventions to Prevent Childhood Obesity 2016

**Harvard School of Public Health***Programs and Principles of Public Health Nutrition*

Co-Instructor 2014

Invited Lecturer: School Nutrition and Food Policy 2013

*Principles of Nutrition*

Invited Lecturer: Nutrition Policy and Global Nutrition 2010-2014

Teaching Assistant 2007-2009

*Seminar in Nutrition and Food Policy*

Invited Lecturer: Health Disparities and Food Marketing to Children 2013-2014

*The Science of Human Nutrition*

Invited Lecturer: Calcium and Vitamin D 2011-2013

Teaching Assistant 2008-2010

*Food Science and Technology*

Teaching Assistant 2009

**Harvard College**Freshman Seminar: *You Are What You Eat*

Invited Lecturer: School-based Interventions 2009-2014

Voted "best lecturer" 2010

**Regis College***Analysis of Public Health Issues*

Invited Lecturer: School Policies 2013-2014

**MENTORSHIP/DIRECTED STUDIES****Graduate Students**

Lindsay Grover Graduate Research Fellow 2015-2016

Tara Daly Graduate Research Fellow 2016-2017

Robin Dylingowski Graduate Research Fellow 2017-2018

Kaylee Foderaro Graduate Research Fellow 2017-2018

Kayla Rogers Graduate Research Fellow/Dietetic Intern 2017-2018

**Undergraduate Students**

Tara Daly Directed Study 2015-2016

Hunter DiCarlo Directed Study 2016

Marlaina Rohmann Directed Study 2016-2017

Kathleen Renzi Honors thesis advisor 2016

Julia Saggese Honors thesis advisor 2016

Samantha Durand Directed Study 2017

Nicole Lapierre Directed Study 2017

**SUPERVISING****Childobesity180**

Four research assistants 2014- 2015

**NOURISH Study**

One project coordinator	2012-2014
Five site visit research assistants	2012-2014
Twenty dietary recall research assistants	2012-2013

**Project MEALS Study**

Two research coordinators	2012-2014
Twenty-five research assistants	2012-2014

**SERVICE AND MEMBERSHIPS****Professional Societies**

American Society for Nutrition	2014-Present
The Obesity Society	2012-Present
Obesity Society Fellow	2016-Present
Council on Undergraduate Research	2016-Present
International Society of Behavioral Nutrition and Physical Activity	2016-Present

**Committees**

Food and Nutrition Promotion Subcommittee, Boston Public Schools	2014- Present
Wellness Council	
Role: Co-chair	
Public Affairs Committee, The Obesity Society	2015-Present

**Peer Reviewer**

Acta Diabetologica (2013), Advances in Nutrition (2015), American Journal of Clinical Nutrition (2014, 2015, 2016), American Journal of Preventive Medicine (2013; 2014; 2015 [awarded 'Outstanding Reviewer Status' in 2015], 2016, 2017), American Journal of Public Health (2015, 2016), Appetite (2013, 2016), BMC Nutrition (2015, 2016), Canadian Journal of Public Health (2016), Child Obesity (2015), Economics and Human Biology (2013), Food and Nutrition Bulletin (2014, 2016), Food Policy (2015), Health Education Journal (2014), JAMA Pediatrics (2017), Journal of the Academy of Nutrition and Dietetics (2014, 2015, 2016, 2017), Journal of Nutrition (2013, 2015, 2016), Journal of Nutritional Health & Food Science (2016), Journal of School Health (2016), Perspectives in Public Health (2014), PLOS ONE (2017), Preventing Chronic Disease (2016), Preventive Medicine (2016), Preventive Medicine Reports (2015), Public Health Nutrition (2014, 2016, 2017), Public Health Reports (2015 [the official journal of the United States Public Health Service and the Surgeon General]), The Journal of Rural Health (2014, 2015 ['Exceptional Reviewer Status' in 2015]), United States Department of Agriculture Economic Research Service Reports (2015)

**Grant Reviewer**

National Institutes of Health, Psychosocial Risk and Disease Prevention (PRDP)	
Study Section Early Career Reviewer	2017
National Institutes of Health, Special Emphasis Panel/ Scientific Review Group	2016
Mid-Atlantic NORC Pilot and Feasibility Grants	2017
Harvard Catalyst	2012, 2013

**Board Memberships**

Boston Children's Museum, "What's For Dinner" Exhibit	2014-Present
Kickin Kitchen.TV	2012-Present

**Advisory**

Food Lab @ Harvard for Kids	2014
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**Other**

Co-chair, Key Lecture Session: “The Inside Scoop on Federal School Nutrition Policy Changes: A Report from the USDA.” 2016  
 The Obesity Society Annual Meeting, New Orleans, LA

**MEDIA INTERVIEWS****Magazines**

Forbes Magazine 2014  
 Harvard Political Review 2016  
 Harvard Public Health Magazine 2006, 2012, 2014, 2015, 2016  
 New Scientist 2014  
 Time 2015

**Newspapers**

The Atlantic 2015  
 The Boston Globe 2014, 2015  
 The Nation’s Health (the monthly newspaper of the American Public Health Association) 2014  
 The New York Times 2014, 2015  
 The Washington Post 2015

**Online News Organizations**

Associated Press 2011, 2014  
 CNN 2014  
 Infectious Diseases in Children (subset of Healio.com) 2015  
 Heritage Foundation 2014  
 Medical News Today 2015  
 MedicalResearch.com 2015  
 NBC 2014  
 PreventObesity.org (American Heart Association) 2015  
 Reuters 2015  
 ScienceLine 2015  
 USA Today 2014  
 Vox 2016

**Radio**

CBS Radio News 2014  
 Doctor Radio (SiriusXM Radio) 2015  
 Heritage Radio 2014, 2015  
 National Public Radio 2010, 2014  
 WBZ Radio (guest on NightSide with Dan Rea) 2014  
 WBZ Radio (The WBZ Afternoon News) 2015  
 WBZ Radio (Diane Stern) 2015  
 WGBH (guest on Kara Miller’s Innovation Hub) 2012  
 WHYI (NPR affiliate in Philadelphia) 2016  
 Wisconsin Public Radio 2015

**Television**

Al Jazeera America 2014  
 KOIN TV (Portland, OR) 2015