

# Ellie Kashian

*Honors Peer Mentor*

**Hometown:** Stoughton, MA

**Class:** 2022

**School:** Health Science

**Major:** Athletic Training

**Minors/Concentration:** Exercise Science

## **Bio:**

Hi everyone! This will be my second year as a Honors Peer Mentor and I couldn't be more excited! I plan to take my experience from last year to build all of our experiences for this upcoming semester.

I spend most of my free time with my friends, and if the weather is nice out, we love to hangout outside and go for nature walks. On campus you will most likely see me in the Sak, or more specifically the gym. My time as a Group Ex Instructor has been so amazing and I would love to share my experience with you all more if you're interested! Being a Peer Mentor has made me a much more open person because I realized how important it is to share my personal experience with those who may be struggling silently. I like to make myself available and relatable for anyone to use as a resource, so don't be afraid to reach out and I look forward to meeting you all soon!

## Activities

### **Volunteering/Service:**

Hands to Help

Habitat for Humanity

BFit Challenge (Boston Bruins Foundation)

### **Clubs/Organizations:**

Athletic Training Club

### **Leadership:**

Honors Peer Mentor

### **Campus Jobs:**

Group Exercise Instructor (Barbell Power)

### **Housing Experience:**

Ash Centre LLC

North Residential Village LLC

### **Want to Chat?**

kashiane@merrimack.edu

Ask me questions, I'm happy to help!

### **Top 3 Personality Traits**

- 1 Ambitious
- 2 Responsible
- 3 Kind-hearted

