

# 3+2 Nutrition & Human Performance, B.S./M.S

# **YEAR ONE**

### FALL

Anatomy & Physiology I Careers in Health Science Basic Statistics Intro to College Writing First Year Experience <b>Total Credits - 17</b>	4 credits 4 credits 4 credits 4 credits 1 credit	Major Requirement Major Requirement Major Requirement General Education Requirement Major Requirement
SPRING		
Anatomy & Physiology II	4 credits	Major Requirement
Intro to Nutritional Sciences	4 credits	Major Requirement
Philosophy (PHL)	4 credits	General Education Requirement
Ethics (E)	4 credits	General Education Requirement

### **YEAR TWO**

**Total Credits - 16** 

### FALL

General Chemistry I w/ Lab	4 credits	Major Requirement
Biological Sciences w/ Lab	4 credits	Major Requirement
Social Science	4 credits	General Education Requirement
Community Nutrition	4 credits	Major Requirement
Total Credits - 16		

### **SPRING**

General Chemistry II w/Lab	4 credits	Major Requirement
Exercise Physiology w/ Lab	4 credits	Major Requirement
Religious Studies	4 credits	General Education Requirement
Foreign Language	4 credits	General Education Requirement
Total Credits - 16		

### YEAR THREE

FALL

Organic Chem I w/ Lab Social Science II Historical Studies Internship **Total Credits - 16**  4 credits 4 credits 4 credits 4 credits Major Requirement General Education Requirement General Education Requirement Major Requirement

MERRIMACK COLLEGE

### **SPRING**

Pathophysiology	4 credits
Microbiology for Health Professions	4 credits
Arts & Literature	4 credits
Biochemistry w/ Lab	4 credits
Total Credits - 16	

Major Requirement Major Requirement General Education Requirement Major Requirement

# **YEAR FOUR**

### FALL

Sports Nutrition	4 credits	Major Requirement
Nutritional Ass. for Health & Human Perf.	4 credits	Major Requirement
Nutrition Physiology	4 credits	Major Requirement
Foodservice Management	4 credits	Major Requirement
Total Credits - 16		

### SPRING

Research Methods	4 credits	Major Requirement
Advanced Practice in Community Nutrition	4 credits	Major Requirement
Medical Nutrition Therapy	4 credits	Major Requirement
Supervised Exp. Fieldwork in Dietetics	2 credits	Major Requirement
Total Credits - 14		

# **YEAR FIVE**

### SUMMER

Supervised Exp. Fieldwork in Dietetics	2 credits	Major Requirement
Supervised Exp. Fieldwork in Dietetics	2 credits	Major Requirement
Total Credits - 4		

### FALL

Health Promotion Programs	4 credits	Major Requirement
Nutrition Education and Counseling	4 credits	Major Requirement
Supervised Exp. Fieldwork in Dietetics	2 credits	Major Requirement
Exercise and Sports Psych	4 credits	Major Requirement
Total Credits - 14		

### SPRING

Public Health Policy and Management	4 credits	Major Requirement
Professional Development in Dietetics	2 credits	Major Requirement
Supervised Exp. Fieldwork in Dietetics	2 credits	Major Requirement
Total Credits - 8		

Note: This is a sample curriculum map. Students may progress toward graduation using alternative pathways.

# Example: YEAR ONE

FALL

Introduction to Philosophy –

First Year Experience – Foundations of Making – Major Elective Open Elective

Total Credits - 17

1 credit 4 credits 4 credits 4 credits

- General Education Requirement Major Requirement, General Education Requirement Major Elective Requirement Open Elective Requirement