Education Network

A Guide For Survivors

If you have ever been hurt, threatened or intimidated by another person, or know someone who has been the victim of sexual violence, this resource will help you decide what to do and show you who can help.

- Make sure you are safe from immediate danger. Call somebody you trust:
 - Merrimack College Police Department (x5911)
 - Hamel Health (x5441)
 - The Counseling Center (x5444)
 - Residence Life staff (Resident Advisor, Graduate Resident Director, Area Coordinator)
 - Dean of Students Office (x5175)
 - o A roommate, friend, family member or coworker
- If you would like to be treated at a local hospital, the Merrimack College Police Department can transport you free of charge in a confidential, unmarked vehicle.
- You may speak to a counselor completely free of charge, 24 hours a day, 7 days a week. Please call Uwill at 833-646-1526 to speak with a Uwill counselor.
- You have the option to file a formal complaint with Merrimack College, the local city/town police department, or both. YOU ARE IN CONTROL of this decision; nobody can force you to file a formal complaint or participate in an investigation.
- If you wish to keep the details of the incident confidential, you can speak with on-campus counselors or health providers at Hamel Health and the Counseling Center. You may also speak to an off-campus crisis center, such as the National Sexual Assault Hotline (1-800-656-HOPE), the Boston Area Rape Crisis Center, (1-800-841-8371) or the YWCA of Greater Lawrence (1-877-509-9922).
- You will not get in trouble for drinking alcohol or taking other drugs leading up to the incident. Intoxication does NOT mean consent, and it is NOT an excuse for violent behavior.

Remember: YOU ARE NOT TO BLAME, and YOU ARE NOT ALONE.