



THURSDAY, MAY 2

**2019** 



MERRIMACK COLLEGE



Welcome to the annual Merrimack College Research and Creative Achievement Conference.

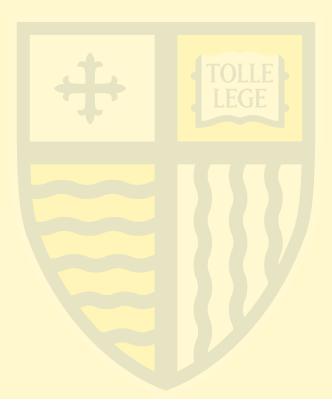
At Merrimack, we are deeply committed to enabling meaningful student-faculty collaborative research and scholarship. This conference is designed to highlight that commitment and celebrate academic and creative excellence of undergraduate and graduate work. We are also honored to highlight mentored student work based on the College's commitment to engagement with our community partners. These reciprocal and collaborative partnerships serve to enrich the scholarship, research and creative activity of our students and faculty while strengthening our institutional mission of fostering civic responsibility, addressing societal issues and contributing to the public good.

On behalf of Merrimack College, I applaud and commend the excellent student scholarship presented here today and take great pride in their accomplishments.

# **ACKNOWLEDGEMENTS**

The completion of this undertaking could not have been possible without the assistance and participation from so many whose names may not all be enumerated. Their contributions are sincerely appreciated and gratefully acknowledged. We would especially like to express deep appreciation to the faculty and community partners who supported and mentored student research and creative achievement during this academic year

We would also like to acknowledge the Office of the Provost, the Office of Development and Alumni Relations, the Office of Communications, the Center of Excellence in Teaching and Learning, the Print Center, IT, Conference and Events, Facilities, Sodexo, and Dr. Michael Stroud for going above and beyond in their support for the 2019 Research and Creative Achievement Conference.



# **SCHEDULE OF EVENTS**

### **Poster Presentations**

### Sakowich Campus Center | 3:30 - 5:30pm

- Girard School of Business Undergraduate - MPR
- School of Education and Social Policy Graduate and Undergraduate - MPR
- School of Health Sciences
   Graduate and Undergraduate MPR
- School of Liberal Arts
   Graduate and Undergraduate Warrior's Den
- School of Science and Engineering Undergraduate - MPR
- Virtual Reality First Floor Lounge
- Toy Collaboration Project Warrior's Den
- Video Presentations Main Street & Warrior's Den

# School of Education and Social Policy Student Capstone Speakers

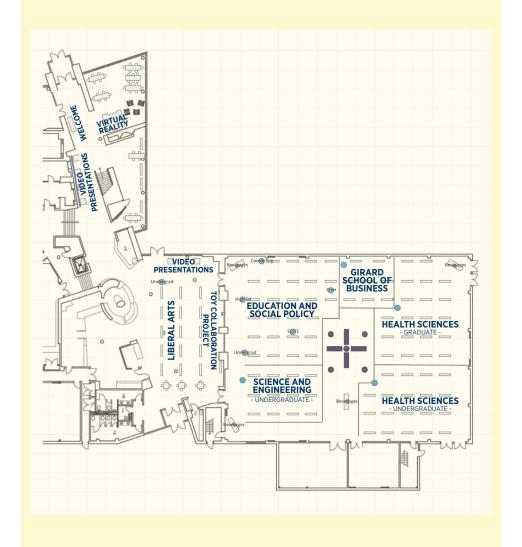
### Cascia Hall | 5:30 - 6:30pm

- Elizabeth Bedortha
  Candidate for Master of Education in Community Engagement
  Fear and Loathing: How Fear of the Unknown Fuels Transphobia
- Emiley Dionne
  Candidate for Master of Education in Higher Education
  Taking Undergraduate Student Emotions and Mental Health
  Seriously: A Comprehensive Approach Response in
  Wellness Education

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# **EVENT MAP**

# Sakowich Campus Center Main Floor





### **UNDERGRADUATE STUDENTS**

# Measuring Financial Literacy in College Students/Rising Adults

Ashley Augulewicz

#### Lazarus House Marketing Plan

Meghan Barrasso, Katherine Torres

### **Walt Disney Company**

Julissa Beiar, Ilaisa Garcia

### **Business Analysis of ExxonMobil**

Richard Bourgeois

#### **NASA Presentation**

John Callahan, Evan Bowie

#### Kroger

Michael Chambers

#### CVS Industry Analysis: How is CVS Doing?

**Devin Clemons** 

### Financial Capability Center -Student Survey Results

Jake Doherty, Joseph Pritchard, Joseph Gonthier, Ashley Augulewicz, Molly Tansey

### Accounting Implications of Fraud in Online vs. Brick & Mortar Businesses

Cailin Fraser

### Financial Capability Center Marketing - Team 1

Catherine Flaherty, Molly McKean, Christopher DeFilippis

### Financial Capability Center - Marketing Team 2

Gabriella Gineo, Jack Masterson, Jillian Hussey

# Partnering with a Local Business: D'agostino's Deli

Jacob Howes, Michael Grise, Jessica Kuhlman

#### Memes: What Makes them so Funny?

Jacob Howes

# P. Nalbandian Oriental Rugs & Antiques: A Marketing Plan

Marissa Iacoviello, Shannon Brault, Alex Tasiopoulos, Caitlin Broderick

### Financial Capability Center - Tax Team

Ryan Johnson, Brian Kelley

### CSBS National Case Study Competition: Salem Five

AJ Lemarier, Patrick Kennedy, Jack DeCoste

#### Rogers Center for the Arts Marketing Plan

David Marshall, Morgan Sewall, Michaela McCarthy, Caroline Duffy

# BlockSWOT: A SWOT Analysis of Blockchain Technology

**Dominic Monzione** 

### **Product Market in Pharmaceutical Industry**

Bartholomew O'Brien

### Financial Capability Center - Freshman Awareness for Peer Program

Quentin Parsons, Alexander Regan, Danielle Quercia. Meghan Barrasso

#### Sear

Serena Rousseau, Emily Finney, Meghan Morrison

### **Fashion as Communication**

Samantha Serio

# Consumer Perceptions of Data Analytics in Major League Baseball

Rilev Sorenson

### Marketing Promotion for D'Agostino's Delicatessen

Hannah Stodola, Ava Clemente, Rachel Silverstein

### Financial Capabilities Center-Business Coaching Pilot

Tyler Winn, Timothy Huggins, Molly McKean

### **GRADUATE STUDENTS**

### Community Engagement

#### **Nutrition Standards**

Andrea Ahearn

The Costs of High-Stakes Testing: What Are They and Who Pays the Highest Price?

Alaina R. Beckshaw

Fear of the Unknown & How it Fuels Transphobia

Elizabeth Bedortha

The Green Carnation Initiative: LGBTQ+ Space, Community, and History

Shaun W K Connors

Creating an Effective Child Welfare Workforce

Yina Cordero

Veterans Are Our Passion: Exploring the Efficacy of Team Rubicon as a Community Building Model

Samantha de Melim

The "I Can't" Mentality: Overcoming Stereotype Threat and Stigma in Latinx Community Leaders

Ashlev M. Duran

To Know the Heart, Follow the Art: Using Art to Develop Empathy Towards Differences in Adolescents

Tai A. Feaster

Kiskeya Reimagined: Breaking Down Fears Through Social Education to Build Community Relations Between Dominicans and Haitians

Scarlett I. Gonzalez Mejia

Value-Based Change: Accountable Care Organizations as a Method of Healthcare Reform

Haley Lebel-Stephen

Punishing Single Mothers: The Need for Subsidized Child Care

Gabrielle Martello

#### **ARTTALK**

Megan McCoy

A Step Towards Stronger Police-Youth Relationships: Examining How Youth and Police View the Role of Police in Communities

Brooke O'Leary

A Helping Hand? The Perceived Benefits of Alternative Spring Break on Host Communities and the Actual Benefits from the Host Community Perspective

Erika Proulx

Value Me: The Importance of Self-Determination Skills for Effective Transition Planning for Employment and Post-Secondary Outcomes for Individuals with Disabilities Kayla Remai

Creating Change: Finding Seniors Role in Local Environmental Issues

Meagan Riche

The Case for Heartwork: Implementing Healing Justice

Michael Rov

"Why we gatta be the poorest?" Disrupting the Cycle of Poverty for Single Mothers in the Bahamas by the Assessment of their Needs and the Mapping of Higher Education and Human Services Resources Philadenrin Russell

First-Generation College Students: Sense of Belonging on Campus

Elizebeth Salazar

Civic Engagement Beyond Voting: Preparing Community Engaged Citizens in American Secondary Schools

Alexandra Souris

With Great Power: Assessing the Social Responsibility of Small Businesses

Danielle Tetrault



# Determining Differences in Bilingualism and Learning Disabilities

Mayreni Villegas

STEM Ready - Inspiring and Preparing Undergraduate Students for Successful Volunteerism in After-school STEM Programming with Marginalized Youth Bailey Wagner

Working Through The Smog: How White Individuals Develop Critical Consciousness of White Saviorism

Jamie Willer

### Criminology and Criminal Justice

The Mental Health Effects on Children Through Parental Incarceration Maria Arzu

Socioeconomic and Demographic Correlates of Sex Offender Residency in Massachusetts

Maggie Chiavelli

**Stress and Decision Making** Anthony Mastrangelo

Connecting the Dots for Missing Children: How Can the Public Help Investigators? Tayla Moore

Breaking the Cycle of Intergenerational Crime

Katelyn Murphy

No Soldier Left Behind: A Comprehensive Analysis of Veterans' Treatment Courts Stephen J. Ramunno

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### <u>Higher Education</u>

Promoting Wellness Education by Incorporating Mindfulness Practices into a First-Year Writing Course

Daruenie Andujar

Food Justice: Systemic Institutional Dining Service Reform

Olivia C. Arnson

Academic Advising Training Curriculum for Faculty

Caleb Bae

New Warriors of the World: First-Year Curriculum to Encourage Internationalization and Service Sara Birnbaum

A First-Year Experience Seminar for Student-Athletes

Alexandra Callanan

Building the Capacity of D.R.E.A.M: Students with Disabilities Leading at Merrimack College

Ashley N. Callis

Save the Males: Effective Outreach to Men for Academic Support Services at Merrimack

Catherine Chandler

Putting the Community Back Into Community College: an Alumni and Student Engagement Program

Samantha Marie Cocove

School of Health Sciences Internship Preparation Program (SHIP)

Kathleen Cunningham

Taking Undergraduate Student Emotions and Mental Health Seriously: A Comprehensive Approach Response in Wellness Education

**Emiley Dionne** 

Creating The Adaptable Second-Year Sustainability Engagement Toolkit (ASSET) Curriculum

Zachary Drown

Building Future Change Agents: Creating a Center for Student Activism

Dee Dube

Decisions, Decisions: Helping Undeclared Students Find Their Path

Allie Dumont



From Students to Scrubs: A Peer Mentoring Program for Nursing Students

Lance Faria

STEP: The Student Transfer Experience Program for Successful Transition, Adjustment, and Belonging at Merrimack College

Jessi Feiner

A Curriculum for Student-Athletes for a Successful Career Transition

Nicole Fundaro

Validating, Empowering, and Fostering a Sense of Belonging in First-Generation College Students

Jasmine Garver

Training Admission Counselors to Evaluate the Whole Student

Julie Gormlev

ASCEND: Academic Success Course Engaging Noteworthy Development for Students on Academic Probation Morgan Hakala

Leadership for Social Change: A Program for Student Activist Empowerment

Kirsten Marie Hoev

Promoting Student Persistence and Transformative Learning in First-Year Experience Seminars: A Professional Development Curriculum for Instructors Beniamin Horgan

Hall of Advocates: A Social Justice Living-Learning Community

Jeremy Liang

Exploring Mental Health and the College Experience Through Theater

Olivia Lombardo

Advancing Commuter Belonging: The Commuter Life Engagement Program Maria Jasmin Medina Building First Generation STEM Student Success: A Bridge Program

Katharine G. Middleton

Navigating the Seven Cs: An RA Leadership Development Program for Positive Social Change

Sean Modri

Community Engagement from the Heart: Identity and Moral Development Focused Residential Programming Curriculum John Mulcahey

Supporting Super Sophomores: A Sophomore Success Center at Merrimack College

Maggie O'Brien

Using Current Events as a Tool for Teaching Social Justice and Facilitating Difficult Classroom Dialogues: A Teaching and Learning Curriculum for Educators

Madison O'Connell Savage

Checks and Balances: Implementing a Financial Literacy Program for Community College Students

Serrahtani Parrish

Building a First Generation Student Success Center at Merrimack College

Sheila Pollard

No Soldier Left Behind: A Comprehensive Analysis of Veterans' Treatment Courts Stephen J. Ramunno

Affirming Identities: The Center For Intercultural Engagement at Mitchell College

Malachi Robinson

Cultivating a Sense of Belonging for Multicultural Students at Merrimack College Vanessa Rodriguez

Latinx Success: A Global Scholars Program for Diverse Leaders Yamileyka Rojas



Success, Belonging, Leadership; Alpha Kappa Alpha Sorority Inc., at Merrimack College

Cathy Rosario

Teaming Up for Student-Athlete Holistic Development

Suzanne Rose

Choose Your Own Adventure: Exploring Majors and Career Paths for First-Year, Undeclared Students

Ariane Seymour

Preparing Resident Advisors To Work With Diverse Identity Groups Through Implicit & Explicit Bias Training

**Danielle Stevens** 

A Program Empowering RA Well Being
JJ Terlaga

Self-Aware Admission Ambassadors for a More Inclusive Merrimack Amy Vachon Questioning the Single Story: Teaching White Students to Become Civically Engaged

**Emily Victoria Wall** 

Promoting First-Generation Career Success: The WARRIOR Generation Shannon Zelek

School Counseling

**Effectiveness of the Zones of Regulation** 

Gabrielle Dehne

**Special Education Accommodations**Kimberly Spinale

Understanding Career Readiness and Post-High School Planning Jaclyn Tramonte

**Teacher Education** 

Impact of Late Start on High School Student Success

Jennifer Dussault

Implicit Bias in Education
Joshua Pires

### **UNDERGRADUATE STUDENTS**

Salem Police Department

Matthew Brown

Comparing and Contrasting through a Second Grade Differentiated Lesson

Lauren Campbell, Erika Scott

Robert Kraft and His Plea of Not Guilty Julia Casallas

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TTRTTCriminology Internship

Tiffany Costello

**Sound Travels** 

Ryley Crehan, Julia Freni

Essex County Correctional Facility
Programs Unit: Creative Writing Teaching
Assistant Internship

Mary Teresa Cuzzupe

**Methuen Police Department Internship**Raheem Derrick

**Investigating Properties of Materials** 

Danielle Fusco, Alexandra Scholl

**Exploring Force and Motion with Third Graders** 

Savanna Hill, Marguerite Howland



### **Lawrence District Court**

Davina Iseghohi-Edwards

# Math Curriculum as Implemented in a Third Grade Suburban Setting

Grace Jenkins

#### Fire & Explosion Investigation Unit

Alex Kwarta

#### **Experiments with Light**

Jenissa Lequin, Ann Gerry

# The Power of Effective Community Policing: An In-depth Analysis of this Common Practice

Mary Levine

# Internship at Essex County Sheriff's Department

Alexandra Luchetti

# Pre-Service Teacher Preparedness in Creating and Implementing Lesson Plans

Taylor McNeil

# Internship at Wilmington Police Department

Kelsev Mitchell

#### Internship: Peter J. Parlow Law Firm

Shannon Moran

### Criminology and Criminal Justice Internship With The Georgetown, Massachusetts Police Department

Christopher Nasta

### **Energy at Wetherbee iMovie**

Allie O'Brien, Isabella Noone

### Second Grade Exploring The Roles of Water on Earth

Carlye Paolo, Amanda Semler

# 4th Grade Geology - Earth's Place in the Universe

Emma Randazza, Michael Greco

# Victim Witness Advocate, Malden District Court

Makenzey Regan

#### Spring Internship: 2019

Victoria Rego

#### Severe Weather

Aubree Ronan, Abby Campbell, Sarah Kelly

# Internship: Family Services of the Merrimack Valley CASA Program

Brianna Shea

# Exploring Waves and Sound in the Fourth Grade

Brenna Shields, Gabriela Rodriguez

# Cognitive Effects of Non-Dominant Hand Use Among Older Adults

Sarah A. Vita

#### **Opinions About Math Tutoring**

Delanev Yule

### **GRADUATE STUDENTS**

Employee Health Culture Audit of Merrimack College

Patrick Allen

The Effects of Seated Load Carriage on Mobility

Jamilia Almonte

Comparison of Family Mealtime Behaviors in Youth with Neurodevelopmental vs.

Affective Disorders

Kaitlin Arsenault

Assessing Relationships Between Motivations to Game, Exergaming Engagement and Mood Improvements in Neurodiverse Youth

Adam Barselau

Concussion Knowledge, History, Symptoms and NPCT in Male and Female Collegiate Hockey Players

Jillian Battista

The Effectiveness and Efficacy of Sexual Education Curriculum: A Qualitative Study Shannon Beatty

Perspectives on Addressing Food Insecurity on College Campuses, Through Administrator's Eyes: Best Practices and Challenges

Tashanna Brown

Evaluation of Cardiac Rehabilitation Maintenance Programs

Angelica Calderon

The Prevalence of Disordered Eating Behaviors in Collegiate Female Athletes and its Association with Poor Body Image and Nutritional Knowledge

Caitlin Callanan

**Evaluation of Risks and Needs Related to Employee Injuries at Merrimack College**Brad Carney

Can Health Education After Workouts Increase the Quality of Life of Intellectually Disabled Adults

Kevin Cecio

**Evaluation of a Health Behavior Program**Michaela Christie

Comparison of TightRope Fixation vs. Screw Fixation in the Management of Syndesmotic Ankle Injury

Eliana Miller-Cohen

The Impact of Sleep on Stress Measured by HRV with Welltory App

Samantha Frost Crowley

Stroke Survivors Usage and Opinions on Technology

Julie DiCarlo

Comparison of Operative vs. Non-operative Management for SLAP Lesions

Sherra Dowling

Post Activation Potentiation's Effect on the Bilateral Strength Deficit

Patrick Dugan

How Sleep Affects Academic Performance in First Year Students at Merrimack College Kelby Enos

Certified Athletic Trainers Self-Perceived Knowledge in Sports Nutrition

Alvson Fisher

Post-activation Potentiation and Blood Occlusion: A Comparison of their Effects on Peak Power Output

Codi Fitzgerald

Male Collegiate Coaches Perceptions of Female Athletic Trainers

Madeline Fitzpatrick

Concussion Reporting Behaviors in Athletes with Previous Concussions

Alden Fontana



Characteristics of Motivation to Exercise **Among College Students** 

Jillian Gentile

**Assessing Perceptions of Influenza** Vaccination While Pregnant Among Women Who Have Not Yet Conceived: **Predictors and Modifiers of Uptake** Franciela Golden

Post-Activation Potentiation (PAP) Response of Unilateral vs. Bilateral Squats on Vertical Jump Performance in NCAA **Division II Female Swimmers Gregory Grinnell** 

Impact of the Area Health Education Center (AHEC) Scholars Program Upon **Cultural Competency** Ashley Hall

**Active vs. Sedentary Workers Health Perceptions** 

Jeffrev Heinz

Parent Perceptions of a Novel Health Intervention for Neurodiverse Youth Casev Hewett

**Determining the Amount of Money Spent** on Each Food Category by Military Families Who Are Overweight and Obese Victoria Himaras

The Importance of Concussion Education at the High School and Collegiate Level Jennifer Holman

**Comparing Multiple Post Activation** Potentiation (PAP) Methods and their Effect on Vertical Jump in Division II **Collegiate Men's Lacrosse Players** Michael Hunter

Health Literacy of Teen Mothers in an **Urban Setting** 

Madison Jalbert

Worksite Wellness Interest Among Small **Private School Faculty and Staff** 

Colleen M. Jenkins

Is there an Acute Effect of Sled Push on 20-vard Sprint Time?

Clifford Joseph

The Effects of Postactivation Potentiation on 60-Yard Shuttle Performance Josh Kaddy

Creating Inclusive Wellness Services & **Programs for College Students** Frin Kaminski

**How Wellness Apps Affect Employee** Productivity, Engagement, and **Overall Health** 

Rilev Kane

Saturated Fatty Acid Activates T Cell **Inflammation Through A Nicotinamide** Nucleotide Transhydrogenase (NNT) Dependent Mechanism

Alanna Keady

**Active Science! Students Perceptions of** Physical Activity Within and Beyond the **School Day** 

Kavla LaPierre

**Quick Service Restaurants' Advertising Methods in Various Socioeconomic Areas** Nicole Lapierre

**Exercise Habits and Limitations of Recent Undergraduate College Students** in Massachusetts

Kara Lavertu

The Mindful McQuade Initiative: Barriers to Using the Bikes in McQuade Library Robyn Lebowitz

**Dimensions of Wellness for LIVESTRONG** Participants at YMCA's in Massachusetts Shannon Lee

**Designing an Employee Wellness Program** That Drives Engagement

Anthony Lupi



### The Effect of Ankle Taping on **Running Biomechanics**

Stephen Lynam

#### Sleep Behaviors in NCAA Athletes vs. **Club Athletes**

Christopher Mahanna

### The Role of Incentives on Physical Activity Parameters Among Elementary School Students in Physical Education

Michael Maiienski

### Soft Tissue Mobilization: Use in Clinical Settings at Division III Collegiate Schools in Massachusetts

Matthew McFadden

### A Systematic Review: The Effectiveness of Intuitive Eating

Gabrielle McGrath

### Effectiveness of Blood Biomarkers in the **Detection of Concussion**

Courtney McTaque

#### **Neurotracker Benefits**

Nickolas Mitrano

### **Monitoring Recovery-Stress State** Throughout a Strength and **Conditioning Mesocycle**

Danica Moore

### The Effects On Balance After a 6-week Strength And Balance Program In Older Adults

Frin Mullan

### Housing Needs Following the Columbia Gas Event of September 13, 2018 in the **Merrimack Valley**

Danielle Murray

### **Breaking Down Barriers of Outpatient Dietitian-Physician Relationship to Improve Nutrition Care in the Community**

Flizabeth Natale

### The Hamstring to Quadriceps Ratio in ACL Injury

Katherine Nicastro

#### The Gut Microbiome and Childhood Obesity Gabrielle Parilla

### The Effects of "Cupping" in Combination with Manual Therapy on Rotator Cuff Tendinopathy in the Reduction of Pain April Pellegrini

### Student-athletes' Perceptions of the Role of Athletic Trainers in a High School Setting Taylor Portelinha

### **Evaluation of General and Sports Nutrition** Knowledge Amongst a Developing **Program of D1 College Athletes** Sophie Puente

### The Influence of Kinesio-Taping on the Volume of Lymphedema in Women After **Breast Cancer Treatment**

Kate Quigley

### Sleeping Habits of Firefighters: How It Relates to Mental States, Diet, and Exercise Lindsay Roy

### Is Exercise Effective at Relieving Perceived **Academic Stress?**

Daniel Rvan

### Undergraduate Students' Knowledge. Attitudes, and Behaviors Related to Oral Health

**Evan Sartell** 

### Comparison of Patellar Tendon vs. Hamstring Tendon Graft in the Reconstruction of the ACL and their Effect On Return to Play and Failure Rate Julie Schmidt

#### The Analysis of Increased Strength in Two Exercises Programs: EnhanceFitness and **Functional Fitness**

Alvssa Schade



**Acute Effects of Strength Training on Mood** Meg Seehagen

The Effect of Hydration Status on Pitch Velocity and Strike Percentage in College Baseball Players

Richard Smith

Rotational Power and Performance in Collegiate Tennis Players

Shannon Smith

StrongHER: Assessing the Impact of Instructional Strength Training on Women's Gym Confidence

Kelly Sorge

The Effectiveness of Cafeteria Interventions in Boston Public Schools on Meal Consumption

Mikaela St. Laurent

Views on the Apple Health Application from Future Health Science Professionals Trent N Talmadge

Efficacy of Mental Health Counseling in Collegiate Athletics

Katelyn Thomas

Athletic History: Sport Diversification vs. Sport Specificity on Injury Risk and Recovery in College Athletes

Madison Ann Thompson

Nutrition Assessment of Functionally Impaired, Community-Dwelling Older Adults

Jaycie Triandafilou

Dry-needling Effectiveness in Treating Myofascial Trigger Point Pain in the Upper Extremity

Eric Tweedie

Effects of Isometrics with an Emphasis on the Foot and Ankle on Reactive Strength Index

**Brandon Wickett** 

Effects on Performance and Return to Play After UCL Reconstruction in Professional Baseball Players

Rachel Ziner

### **UNDERGRADUATE STUDENTS**

How Can LSVT Improve the Balance, Gait, and Motor Skills of a Patient with Parkinson's Disease?

Sabrina Abramek

**Metabolic Testing** 

Lindsey Baillie

Perceived Effects of Yoga and Reiki on Stress

Allie Benkart

Trends in Exercise and Food Choices in Low Income Areas

Gabrielle Beijer

How to Prevent Marijuana Exposures in Children

Erin Blombera

The Effects of Hip-dominant Postactivation Potentiation on Broad Jump Performance in Varsity Collegiate Football Players

Trevor Bradley-Dade

**Substance Abuse and Pregnancy** 

Katelyn Elizabeth Brown



### The Benefits of Rock Steady Boxing on Symptoms of Parkinson's Disease

Lauren Buttiglieri

### Comparison of Anterior Cruciate Ligament Grafts and how they Differ Between Populations

Amanda Cain

### Metabolic Changes After Gastric Bypass Surgery

Alison Canjura

### Would Combining Dynamic and Static Stretching Benefit an Athlete

Randy Joseph Castillo

### Anterior Cruciate Ligament Injuries and the Effectiveness of Neuromuscular Training

Angela Chainey

# Financial Capability Center - Balancing the Right Lifestyle

Kylie Chetwynde, Brittany Richard

# Is Preoperative Rehab Beneficial to Patients Who Undergo a Total Knee Replacement?

Maeghan Christensen

### **Ditch the Meats, Eat More Beets**

**Emily Conaton** 

### Providers are to Blame for the Opioid Epidemic in the United States

Hailey Corbett

# Postpartum Depression in First-time Single Mothers

Cristabel Corniel

# Low Flu Vaccination Rates Impact on Hospitals

Jacqueline Coscia

#### **Emergent Conditions in Athletic Training**

Chris Crawley, Jacky Nolan

# Why Do Rotator Cuff Tears and Tendonitis Have Such an Impact on the Body?

Michael Cuesta

### Euthanasia and Assisted Suicide Among Brain Cancer Patients

Norissa Dem

# An Analysis of the Effects of Psychosocial Variables on Healthcare

Kathryn Donnelly

### The Correlation Between College Student's Perception of Self Efficacy and Their Physical Activity

Kathryn Donnelly

### Social Emotional Learning in the High School Health Education Classroom

**Nicole Douglass** 

# Effects of Polyphenols of Red Wine on Teeth

Ryan Drizen

# Impaired Autophagy Promotes ROS and T-cell Inflammation

Samantha Durand, Grace McCambridge, Alanna Keady, Lindsay Baillie, Mariessa Ricciardi, Barbara Nikolajczyk, Leena P. Bharath

#### **HEAL Program**

Traci Alberti, CJ Wong, Ashley Hall, Megan Snow. Caroline Ells

#### **Caffeine and Pregnancy**

Caroline Conrad Ells

### Measuring the Effects of Varied Exercise Dosages of Physical Function Among Older Adults

Olivia FitzGerald, Celine Mende, Lauren Trepaney

### Use of Silver Diamine Fluoride in Pediatric Dentistry for Children in Underdeveloped Areas

Julia Flanders

The Correlation Between Barbell Velocity and Percentages of 1 Rep Max (RM) in the Bench Press Exercise

Peter Franco

**Electronic Health Records** 

Madison Giunta

The Effects of Hydration Status and Body Area to Mass Ratio in Performance in Division 2 College Athletes

Gabrielle Guenther, Matt Ronai

Fall Risk of Dementia Patients in Nursing Homes & Facilities

Gabrielle Guenther

**Pre-Med Health Science Curriculum** 

Megan Haggerty

How PTSD Can Increase the Risk of Developing Dementia

Bianca Hartery

How can Urgent Care Clinics Reduce Overcrowding in Hospital Emergency Rooms?

**Emily Howe** 

Nutrition Therapy Implementation in Prostate Cancer Prevention

Ali Larrabee

The Impacts of Television Watching on a Child's Cognitive Development

Mary Lavallee

**Analysis of Myocardial Infarctions** 

Brenna Little

Chronic Mild Traumatic Brain Injury (mTBI), Napping, and Emotional Reactivity

Kaitlyn Maguire, Elena Azzarto, Nicole Limone, Elizabeth Ludwig

Inclusion in Sports-Based Programs and Special Olympics

Rachel Malieswski

Olympic Lifting Can Increase Strength and Power

Andrew Mastrangelo

Metformin Corrects Autophagy defects and Normalizes Aging Associated Inflammation

Grace McCambridge

The Opioid Epidemic: Detrimental Impacts throughout the United States

Nicole McCarthy

A Local Community's Perspective on General Health Behaviors and Immunizations

Iillian McNamara

**Lumbar Spine Recovery** 

Matthew Mede

Medical Students, Depression, and Sleep Quality

Alexandra Mondini

**MMR Vaccine Correlate to Autism?** 

Haley Morong

Urgent Care Centers Addressing the Prevention and Screening of Influenza

Ashley Nguyen

The Relationship Between Low Back Pain and Hip Rotation in Recreational Collegiate Athletes

Katherine Nicastro

Yoga and Meditation in Addiction Recovery

Nicholas Olszewski



Lumbar Spine Injuries in the Young Dancer
Juliana Paluzzi

Why do People with Diabetes Mellitus have an Increased Risk of Shoulder Adhesive Capsulitis?

Katelyn Rae

Why do False Positives Arise from the Seated Slump Test?

Vitoria Raymond

A Comparison of DRP1 Expression and Autophagy in T cells From Obese Diabetic and Non-Diabetic Subjects

Mariessa Ricciardi, Lindsey Baillie

Left Versus Right-Sided Colorectal Cancer Tumors: What is the Impact on Body Composition?

Samantha Ridgewell

Financial Capability Center - Escape the Vape

Anne Snyder, Emelia Zukowski, Lindsey Bunker, Sara Berg

Poverty and Lack of Education Can Lead People to Make Unhealthy Food Choices, but Nutrition Counseling/Education Can Help Change This

Lauren Scannell

How Education is a Determinant of Health in the Merrimack Valley Area

**Denis Shannon** 

The Importance of Alzheimer's Education for Healthcare Professionals and Caregivers

Olivia Smith

Hypertrophy Training vs. Periodization Weight Training

Chris Sousa

Collegiate Club Figure Skater Lower Extremity Performance Assessment Bilaterally in and out of Skates

Kavlvn Stewart

**Brain Injury Day Services Internship** 

McKenzie Swane

The Effects of Addiction in the Emergency Room

**Taylor Sweeney** 

Adverse Effects of Smoking Tobacco

Sara Tarascio

The Benefits and Potential Revolutionization of Virtual Reality in Laparoscopic Surgical Training

**Emily Therrien** 

How Exercise Can Affect the Brain

**Grace Thomas** 

The Effectiveness of a Zio Patch When Reading Heart Rhythms

Lauren Trepaney

The Impact and the Essential Call for Antimicrobial Stewardship in an Urgent Care Setting

Christian Vega

Cannabidiol (CBD): Natures' Remedy for Osteoarthritis

**Emily Volpe** 

### **GRADUATE STUDENTS**

### Public Affairs Fellowship at Groundwork Lawrence

Ian Burns

The Response to the Greater Lawrence Area Columbia Gas Emergency: A Case Study Timothy Hamlen

### Second Chance for Youthful Offenders

Monieke Nikole McNeil

**Community Policing** 

Gregory S Pepper

### UNDERGRADUATE STUDENTS

### Prisons in the US: A Need for Reform and Educational Rehabilitation

Amanda Alcox

### Feminist Anthems: A Musical Journey Through the Decades

Amanda Alcox

# Electric Vehicle Infrastructure Opportunity at Merrimack College

Danya Ali, Brendan Carr, Bram Kools, Matt Saniuk, Aidan Scanlon, Katherine Torres

#### How Well do You Multitask?

Madeleine Bagley, Patty Lucas, Nicole Giannetto, Anthony Richardson

# From the Casting Couch to Me Too: The History of Sexual Harassment in Hollywood

Jacquelyn Baldwin

### **Patriotism and Cosmopolitanism**

Miranda Belanger and Becca Legro

#### Free Range Learning Table

Kevin Benkart, Christopher Pereyra, Joseph Chaplin, Stephen Harnois, Hope Fitch, Claire Foley, Alexa VanSeters, Edward Busiek, Halle Farrell

#### Campaigning in 150 Characters or Less Annie Boeckers

### Pervasive Stereotypes of American Indians in Popular Culture and their Influence on Public Opinion and Public Policy

Annie Boeckers

#### **Line Up and Pay Attention**

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